

# MMHS – My Mobile Health Space

Development of innovative mobile services for health prevention purposes and to increase patient responsibility.

### **Project management**

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#### Information

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## **Keywords**

- eHealth
- Health prevention
- Serious game
- Social networks
- Posology
- Intelligent labelling
- Mobile service
- Widgets
- Patient education

### **Valorisation**

Collaboration with Promotion Santé Valais

#### Our skills

Development of mobile services

#### **Partners**

HEdS - Geneva

#### **Finance**

**RCSO ISNet** 

## Schedule

02/2011 - 07/2012





MMHS uses the possibilities offered by mobile technologies and social networks for **patient education** and for therapeutic monitoring and follow-up.

In particular, it has been designed as a didactic and pedagogical electronic device for children and adolescents with a **chronic disease**. Its aim is to help them to better cope with their illness.

The initial project called **e-posology** was the first part of a global patient information management solution, providing relevant medical information in animated form. MMHS is a targeted and **customisable mobile device** that will consolidate the previous developments.

MMHS is a **mobile application** providing customised **widgets** to persons suffering from a chronic disease. The appropriate widgets are chosen from a database. These widgets can have a general scope or be very specific (e.g. girls under 12 suffering from asthma), which makes them suitable for a wide range of patient categories. Every patient has several widgets to learn more about their disease, to test their knowledge, to organise a follow-up and to communicate with fellow sufferers. The mobile app is available for iOS and Android.

